



Who we are...

We are a friendly and enthusiastic team made up of substance misuse practitioners, mental health nurses, social workers, a child and adolescent psychiatrist, and a very efficient administrator who keeps the rest of the team organised. Sometimes we have student nurses, trainee psychiatrists and student social workers working with us. You may only meet one or two of us, but the whole team are available to you if you need to talk to someone.



And not forgetting Stan, our Pets As Therapy dog!

CASUS delivers:

- Information and advice to young people;
- Advice and support to parents / carers or someone affected by another person's drug or alcohol use;
- Training, support, and consultancy to professionals working with young people;
- Support for PSHE in schools and alternative education settings;
- Sessions for groups of young people at risk and in vulnerable situations;
- Specialist support to young people affected by a substance-using parent or carer;
- Specialist treatment drug and alcohol treatment for young people, which include psychosocial interventions, family work, harm reduction (Hepatitis B vaccinations), and specialist prescribing.

Referral pathway

CASUS accept referrals from young people, or from parents, carers, and professionals with consent from the young person.

If the young person is not sure about being referred, we are happy to speak with them via telephone before a referral is made to tell them about our team.

For all referrals, we ask you use the forms on our website:

www.cpft.nhs.uk/casus/howtorefer

We are able to take referrals from young people and families over the telephone, but we do ask professionals to complete our referral form. Alternatively, we can take referrals via CAF or a comprehensive assessment letter.

01480 415278 – 01223 214614 – casus@cpft.nhs.uk – www.cpft.nhs.uk/casus

CRAFFT – Drug / Alcohol Assessment tool for use with young people

CRAFFT is a multi-agency tool that will enable staff, as part of any assessment process, to identify young people’s drug and alcohol use early. The idea is to ensure that the appropriate services and responses are provided.

		Yes	No
C	Have you ever ridden in a C ar driven by someone (including yourself) who was high or had been using alcohol or drugs?		
R	Do you ever use alcohol or drugs to R elax, feel better about yourself, or fit in?		
A	Do you ever use alcohol or drugs while you are by yourself A lone?		
F	Do you ever F orget things you did while using alcohol or drugs?		
F	Do your F amily or friends ever tell you that you should cut down on your drinking or drug use?		
T	Have you ever been in T rouble while you were using alcohol or drugs?		
Action required if:		Under 14 – Yes to 1 or more questions 14-18 – Yes to 2 or more questions	





Actions

Further screening conversation and provide brief advice and information	
Professional to discuss with CASUS – <i>structured consultancy*</i>	
Referral to CASUS – <i>Young Person has consented to this</i>	
Young Person already engages with CASUS	

* If the young person declines any targeted or specialist intervention, you can call CASUS to discuss the situation on a 'what if' basis without having to disclose the name, address etc of the client.

A referral is best described “as a chat to the drug and alcohol team that works with young people”. This is all they are agreeing to when the referral is made.

For further information about this tool, or referring a young person, please contact CASUS on 01480 415278.

Tel: 01480 415278 | **Email:** CASUS@cpft.nhs.uk | **Web:** www.cpft.nhs.uk/casus

How to contact CASUS

Telephone 01480 445316
Email casus@cpft.nhs.uk
Twitter @CASUS_CPFT
Website www.cpft.nhs.uk/casus

