In the UK, local authorities have a statutory duty to protect and promote safeguarding for all children and young people living in their area.

While local authorities have a key role in protecting children from potential harm, safeguarding is everyone's responsibility.

Anyone who comes into contact with children and families has a role.

If you've been in contact with organisations providing support for families, it is good to know what you can do:

♦ Ask for an interpreter/translator if you do not fully understand the English language and let someone know in advance that you need help.

♦ Please make sure you ask any questions so that you fully understand all the information.

♦ If you have a meeting with someone, it is a good idea to take written notes and confirm that you understand everything that has been discussed. You can also request for the meeting notes to be sent to you if you need further clarification.

♦ If somehow you feel uncomfortable or unhappy for any reason, it is advisable to speak openly about whatever is bothering you.

♦ Do not accept any form of abuse or insult from anyone.